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| Name: smt. vimala | Reg No: 09-5SMHC19 |
| Age / Sex:32/f | Contact No:9880331145 |
| Marital Status:7 yrs | Date:23/5/19 |
| Occupation:teacher. Bcom. | Dr. |
| Address:  Native blore | DIAGNOSIS- |

1. Backpain from delivery. Has one baby 5 year old. Lscs. Indication for less amniotic fluid.

Vit b12 and vit d deficiency took required allo rx. still pain is there.

<working,

>rest, support leaning aganst smthng for back, hot amel.

2. frequently catches cold. Sensitive to cold. Rarely takes cold things gets throat pain also.

Rx:

1. Bry 200/rhus tox200/berb vulg200 – 4-4-4 disc
2. Hypericum 1m/staphysagria1m – 4 -0-4 b/food.
3. Rheumagic oil – fr applying mng and night after hot bath.
4. Phytolacca Q+allium sativum Q+boerhavia Q – 15-0-15 drops a/food. Water.
5. Calc carb 200/thuja 200 – 4-4-4-4 alternate weeks. b/food.